



ASU COACHING STAFF



Greg Kraft *Director of Track & Field (Eleventh Season)*

Entering the 2007 season, Greg Kraft's Arizona State University track and field program will look to continue to excel as it has under his direction. In his time with the Sun Devils, the 11th-year head coach has brought the programs up in prominence by adding solid depth and creating an all-around product that will continue to shine for years to come.

In recent years, Kraft's teams, especially on the women's scene, have developed into national powers. The Sun Devil women captured the 2006 Pac-10 Championship while also becoming just the second program in the history of the NCAA to earn a trophy at each of the three NCAA events in the same academic year (fourth in 2005 cross country, third indoors and tied for fourth outdoors). For his efforts, Kraft was selected as the 2006 USTFCCA Women's West District Coach of the Year and the 2006 Pac-10 Conference Women's Coach of the Year, his second conference coaching honor (1996 SEC Coach of the Year).

Individually in 2006, Kraft saw Jacquelyn Johnson sweep the national titles in the multi-events, winning the indoor pentathlon and the outdoor heptathlon. Indoors, Amy Hastings won the 5,000m national crown before teammate Victoria Jackson secured the outdoor 10,000m title. All told, 15 All-America accolades were attained during the year.

The men also have enjoyed success during Kraft's time in Tempe, including Aaron Aguayo, ASU's distance standout. Aguayo, who finished ninth in the nation at the 2006 NCAA Cross Country Championships, will look for his fourth Pac-10 steeplechase title this year. Kraft also has helped with the efforts put forth by Joshua Kinnaman, a two-time All-American in the multi-events during the 2006 season.

Kraft's influence on the success of the program also was honored as two of his assistants earned recognition in 2006. David Dumble (women's throws) and Louis Quintana (women's distances) were both selected as the USTFCCA West District Assistant Coach of the Year before being tabbed as the USTFCCA National Assistant Coach of the Year for their respective areas.

During his tenure, Kraft's student-athletes have combined to collect 75 individual All-America honors, 14 relay All-America honors and five NCAA Championships. Regionally, seven individual and eight relay crowns have been earned with the Pac-10 Championships having seen 39 individual events and eight relays captured by Sun Devil athletes.

Academically, the program has been equally impressive with Sun Devil athletes combining to earn 116 selections to the Pac-10 Academic First and Second teams in cross country and track & field. At the end of the 2006 season, Jackson was selected as the USTFCCA Women's Outdoor Student-Athlete of the Year while 13 Sun Devils earned national academic recognition from the USTFCCA as well.

The 2005 calendar year was another banner campaign for the Sun Devils as three women and eight men attained individual All-America honors while one men's relay also earned the national accolade. The women's cross country team finished fourth to earn the first trophy finish in the history of the program while Hastings became the first harrier to earn All-America honors three times in a career.

The 2004 season saw many great accomplishments, but none more impressive than the victories recorded by one current and one former student-athlete. In June, Kraft coached true freshman Johnson to the NCAA Heptathlon title, the first national title won by a track and field athlete since 1996. Two months later, former Sun Devil standout Dwight Phillips traveled to Athens, Greece, where he claimed Olympic gold for the United States.

Several of the more successful student-athletes in the history of the program have accumulated numerous All-America honors under Kraft. Those athletes, which were recruited by Kraft and his staff, include the likes of Marcus Brunson (seven), Tony Berrian (six) and Phillips (five) for the men and women's athletes Tiffany Greer (eight), Lisa Aguilera (six) and Kelly MacDonald (four). Recent graduate Seth Amoo capped his career with eight honors while current runner Hastings has totaled seven in her career.

Kraft's athletes have fared well internationally as well. Prior to Phillips claiming gold in the 2004 Games, he won the 2003 indoor and outdoor World Championships and also finished eighth at the 2000 Olympics in Sydney. In the summer of 2006, Sarah Stevens and current redshirt freshman Ryan Whiting represented the United States at the Pan-Am Games with both winning the shot put competition while Whiting, the 2005 Gatorade National High School Track & Field Athlete of the Year, also won the discus.

Since his first Pac-10 Championship meet at the helm of the Sun Devil program in 1996, numerous titles have been brought back to Tempe while both teams have been very competitive in the overall standings. The women have finished in the Top 4 in each of the past five seasons while their male counterparts have done so in five of the last seven seasons. In that same stretch, the men scored 100 points or more five times. The men's relays have enjoyed remarkable success during the Kraft years as the 4x400m relay title resided in Tempe for five years in a row (2001-05) while the 4x100m relay attained gold in 2005 as well.

Student-athletes have become multiple champions under Kraft, including the conference's first three-time long jump champion in Greer, two-time steeplechase winner Lisa Aguilera, two-time 5,000m run champion MacDonald and two-time high jump champion Fiona Daly while Johnson won both the high jump and heptathlon in 2004 before adding the 2006 heptathlon crown. For the men, Marcus Brunson won the 100m and 200m in the same year while Phillips took home two long jump crowns and Aguayo is the three-time defending 3,000m steeplechase champion.

After spending his first two years at ASU rebuilding the program one event at a time, constructing a foundation that focused on recruiting the high school ranks, the recent seasons have shown Kraft's continued breakthroughs. In that span of time, the men's team scored over 100 points five times and the first time since 1981 while the women broke the century mark for just the third time ever, amassing a school-record 154 points on its way to winning the Pac-10.

Since the 1999 indoor and outdoor seasons, the men and women have combined to make numerous additions to the Sun Devil record book. Both teams have combined to record 53 school records, including 12 during the 2006 season. In 2005, two of those outdoor marks bettered much older marks, including the 4x100m relay of Steven Koehneman, Domenik

Peterson, Seth Amoo and Kelvin Love Jr., broke the 1979 mark of 38.79 with their run of 38.71 and Jessica Pressley's shot put mark beating out Leslie Deniz' throw from 1983. The shot put mark is now owned by Sarah Stevens.

The 2004 season was filled with All-American performances, with 11 Sun Devils combining for 11 national accolades. On the women's side, Johnson led the charge as she collected honors for her national title in the outdoor heptathlon and runner-up finish in the indoor pentathlon. Banda, Barton and Peterson each collected four honors each.

The men finished third in the Pac-10 Championships (120 points) while the women captured fourth (97) to again finish among the top tier of the conference standings. The men's 4x400m relay was victorious for the fourth year in a row while Banda (400m), Johnson (high jump/heptathlon), Aguayo and Hastings (3,000m steeplechase) all recorded individual crowns at the meet.

At the NCAA Outdoor Championship meet, the women finished tied for 20th with 12 points while the men scored 22 points and a tie for 10th place to record the best finish under Kraft. The cross country team posted two solid performances at nationals with the men setting a school record for finish (8th) and low points (315) while the women advanced to the national meet for the seventh year in a row after having never making the national field in the history of the program.

In 2003, the men, following three years of 100-points or more at the Pac-10 Championships, slipped below the mark while the women registered a school-record 109 points. Cassandra Reed (400m), Banda (400m), the men's 4x400m relay, Aguilera (3,000m steeplechase), Greer (long jump) and Sandra Orsund (discus) each won titles.

In 2002, the track team again shined. The women saw Greer and Aguilera garner All-America honors in both indoor and outdoor after winning the Pac-10 Championship in the long jump and 3,000m steeplechase, respectively. For the men, the 4x400m relay team of Lorenzo Parham, Steve Fitch, Pete Lopez and Seth Amoo won the Pac-10 Championship and also were All-Americans in the outdoor event. Indoors, David Wood (shot put) and Trevell Quinley (long jump) were All-Americans.

Also in 2002, the harrier women, led by a strong group of first or second year athletes, advanced to the NCAA Championships where they placed tied for 23rd. Jessica Scalzo earned Pac-10 Newcomer of the Year honors while helping guide the team to the NCAA Championships. For the men, Fasil Bizuneh and J.J. Duke advanced to the national meet as individuals to give the men a presence at the championships.

The 2001 season saw the ASU men record their highest national finish (tied for 15th) since the 1981 squad placed fourth. The men also racked up 109.5 points at the Pac-10 Championships, their second-highest point total since the same '81 squad took home the conference crown with 133. Under Kraft's guidance and 103 points earned by the men's team last year, ASU has had three years in a row with a 100-point finish at the Pac-10 Championships. Prior to his arrival, the team had only once broken the 100-point plateau.

On the women's side, ASU earned its best national finish (tied for 14th) since 1994 when the squad took 10th. In 2001, both men's and women's cross country teams made appearances at the NCAA Championships, with the men setting a school record with a second-place team finish at the Pac-10 Championships, which ASU hosted.

Kelly MacDonald was the driving force behind the women's success in 2001. MacDonald earned All-America honors and won Pac-10 titles in two events, the 3000m steeplechase and the 5000m. Tiffany Greer also assisted the women's cause, placing third at the NCAA Cham-

The Kraft File

SUN DEVIL MEN'S HONORS:

- 33 Track & Field All-American Individuals
- 11 Track & Field All-American Relays
- 4 Cross Country All-Americans
- 17 Individual Pac-10 Titles
- 7 Pac-10 Champion Relay Teams
- 2 NCAA West Individual Titles
- 4 NCAA West Relay Titles
- 23 School Records
- 2 NCAA Records
- 1 West Region & Pac-10 Athlete of the Year
- 1 Pac-10 XC Newcomer of the Year

SUN DEVIL WOMEN'S HONORS:

- 4 NCAA Individual National Champions
- 42 Track & Field All-American Individuals
- 3 Track & Field All-American Relays
- 8 Cross Country All-Americans
- 22 Pac-10 Track & Field Individual Champions
- 1 Pac-10 Cross Country Individual Champion
- 1 Pac-10 Track Field Relay Champion
- 5 NCAA West Region Individual Champions
- 4 NCAA West Region Relay Champions
- 30 School Records
- 1 USTFCCA Field Athlete of the Year
- 1 West Region Athlete of the Year
- 2 Pac-10 Cross Country Athlete of the Year
- 2 Pac-10 Newcomer of the Year

SUN DEVIL ACADEMIC HONORS:

- 74 1st & 2nd Team Academic All-Pac-10 (T&F)
- 42 1st & 2nd Team Academic All-Pac-10 (XC)
- 1 USTFCCA Scholar-Athlete of the Year
- 3 CoSIDA Academic All-Americans (T&F)
- 2 CoSIDA Academic All-Americans (XC)
- 9 CoSIDA Academic All-Region VIII (T&F)
- 4 CoSIDA Academic All-Region VIII (XC)
- 4 Women's XC Academic All-America Teams

COACHING HONORS:

- 2006 Pac-10 Conference Women's Coach of the Year
- 2006 USTFCCA Women's West District Coach of the Year
- 1996 Southeastern Conference Coach of the Year

HEAD COACHING POSITIONS:

- | | |
|------------------------------|--------------|
| Arizona State University | 1996-present |
| University of South Carolina | 1989-1996 |

ASSISTANT COACHING POSITIONS:

- | | |
|-----------------------------------|---------|
| University of Virginia | 1985-89 |
| Kansas State University | 1981-85 |
| Indiana State University | 1980-81 |
| Cal Poly SLO (graduate assistant) | 1979-80 |

HEAD COACH GREG KRAFT

Kraft's Champs

OLYMPIC GOLD MEDALISTS

Dwight Phillips	Long Jump	2004
-----------------	-----------	------

NCAA INDIVIDUAL CHAMPIONS

Amy Hastings	5,000m (i)	2006
Victoria Jackson	10,000m	2006
Jacquelyn Johnson	Heptathlon	2004, 2006
Jacquelyn Johnson	Pentathlon (i)	2006

INDIVIDUAL PAC-10 CHAMPIONS (MEN)

Aaron Aguayo	3,000m SC	2004, 2005, 2006
Seth Amoo	200m	2005
Lewis Banda	400m	2003, 2004
Tony Berrian	400m	2001
Marcus Brunson	100m	2001
Marcus Brunson	200m	2001
Mika Laiho	Hammer	1998
Dwight Phillips	Triple Jump	1999
Dwight Phillips	Long Jump	1999, 2000
Trevell Quinley	Long Jump	2005
Jeremy Rasmussen	3,000m SC	2000
David Wood	Shot Put	2001
Ryan Zimmerman	Triple Jump	2006

INDIVIDUAL PAC-10 CHAMPIONS (WOMEN)

Lisa Aguilera	3,000m SC	2002, 2003
Brooke Bennett	3,000m SC	2006
Fiona Daly	High Jump	1998, 1999
Tiffany Greer	Long Jump	2000, 2002, 2003
Amy Hastings	3,000m SC	2004
Amy Hastings	Cross Country	2004
Amy Hastings	10,000m	2006
Victoria Jackson	5,000m	2006
Jacquelyn Johnson	Heptathlon	2004, 2006
Jacquelyn Johnson	High Jump	2004
Kelly MacDonald	5,000m	2000, 2001
Kelly MacDonald	3,000m SC	2001
Anna Masinelli	3,000m SC	2005
Sandra Orsund	Discus	2003
Cassandra Reed	400m	2003
Sarah Stevens	Shot Put	2006

PAC-10 RELAY CHAMPIONS

Men's 4x100m Relay

2005	S. Amoo, S. Koehnemann, K. Love, D. Peterson
2004	S. Koehnemann, D. Peterson, S. Amoo, L. Banda
2000	D. Phillips, L. Robinson, J. McGee, M. Brunson

Men's 4x400m Relay

2005	S. Amoo, L. Banda, J. Barton, D. Peterson
2004	S. Amoo, J. Barton, S. Fitch, D. Peterson
2003	S. Amoo, L. Banda, J. Barton, S. Fitch
2002	S. Amoo, S. Fitch, P. Lopez, L. Parham
2001	J. Barton, T. Berrian, M. Brunson, M. Campbell
1999	T. Berrian, M. Brunson, M. Campbell, P. Lopez

Women's 4x400m Relay

2005	P. Carroll, C. Hardeman, C. Reed, K. Tucker
------	---

NCAA WEST REGION CHAMPIONS (MEN)

Aaron Aguayo	3,000m SC	2004
Jason Barton	400m	2003

NCAA WEST REGION CHAMPIONS (WOMEN)

Lisa Aguilera	3,000m SC	2003
Tiffany Greer	Long Jump	2003
Jenna Kingma	5,000m	2006
Jessica Pressley	Hammer	2005
Sarah Stevens	Shot Put	2006

NCAA WEST REGION RELAY CHAMPIONS

Men's 4x100m Relay

2005	S. Amoo, S. Koehnemann, D. Peterson, K. Love
2004	S. Amoo, L. Banda, S. Koehnemann, D. Peterson

Men's 4x400m Relay

2005	S. Amoo, L. Banda, J. Barton, D. Peterson
2004	S. Amoo, J. Barton, S. Fitch, D. Peterson

Women's 4x100m Relay

2004	P. Carroll, C. Reed, M. Smith, K. Tucker
2003	P. Carroll, T. Greer, C. Reed, K. Tucker

Women's 4x400m Relay

2006	S. Elcock, C. Hardeman, L. Wallace, B. Williams
2004	C. Hardeman, C. Reed, M. Smith, K. Tucker

pionships in the long jump and earning her fourth straight (indoor and outdoor) All-America honors in the event.

Upon graduating from the program, Brunson won gold in the 100m at the World University Games, while MacDonald captured third place in the 3000m steeplechase at the USA Championships.

During the 2000 indoor season, the ASU men tied for 10th and the women placed 23rd at the NCAA Championships. The women broke five school records, more than any other year since 1991 when they broke four, while the men snapped three ASU standards. On the outdoor track, the men tied for 17th at the NCAA Championships, while the women tied for 38th.

At the 2000 Pac-10 Championships, the men's squad took home the highest finish since 1983, a third-place standing, while the women placed fifth, the first top-five finish since 1995. In 40 years of competition, Dwight Phillips became only the seventh man to repeat as the Pac-10 long-jump champion. Also taking home conference titles were Jeremy Rasmussen (3,000m steeplechase), the men's 4x100m relay team, Kelly MacDonald (5,000m), and Greer (long jump).

During the 1999 indoor season, ASU's men finished 11th and the women tied for 32nd at the NCAA Championships. Marcus Brunson (60 meters) and Dwight Phillips (long jump) were NCAA runners-up after Brunson had broken the collegiate record in the 60 meters earlier in the year. Six indoor school records were broken. The outdoor season saw three school records eclipsed as the men finished fifth in the Pac-10 — just 0.5 points out of fourth place — and 18th at the NCAA Championships. Phillips captured both the long jump and triple jump Pac-10 titles and Fiona Daly recorded her second straight women's high jump conference crown.

Kraft was introduced as ASU's head coach July 28, 1996, after spending seven years guiding the track and field and cross country programs at the University of South Carolina where he was the 1996 SEC Coach of the Year. During Kraft's tenure at South Carolina, he rebuilt the men's program into a league power and constructed the women's program from scratch. Kraft also headed up the men's program transition from the Metro Conference to the Southeastern Conference.

The result of Kraft's work was both quick and remarkable. The Gamecock men's squad took just three years to climb from 22 points and a 10th-place finish to 74 points and a fourth-place finish at the 12-team conference meet. The three teams ahead of South Carolina were recent NCAA champions Arkansas, Tennessee and LSU. South Carolina had consecutive NCAA top 20 finishes.

On the women's side, the South Carolina climb was as impressive as it was quick. In four years, the Gamecock women went from a basic walk-on program that finished 10th in the SEC (13 points) to a second-place finish (103 points) behind eventual national champion LSU. The USC women then went on to score 26 points at the NCAA Outdoor Championships to tie UCLA for ninth place. And the Gamecocks were to return 102 of their 103 conference points, plus all 26 of their NCAA points. What made the

building of the women's program even more astounding was South Carolina had yet to be funded to the NCAA scholarship limits.

"We are extremely excited to welcome Greg to the ASU family," then-ASU Athletic Director Dr. Kevin White said at the time he introduced Kraft. "He built South Carolina into one of the nation's top track & field programs virtually from scratch. He is also nationally regarded as a coach of remarkable class and integrity, which is precisely what we were looking for at Arizona State."

Kraft, who is now entering his 27th year of Division I coaching and 18th as a head coach, has long been associated with successful track and field and cross country programs. As an assistant, Kraft tutored 26 All-Americans and 36 individual conference champions while helping guide his schools to four conference titles and three NCAA Top 10 finishes.

He started his coaching career in 1979 as a graduate assistant coach at his alma mater, Cal Poly-San Luis Obispo. During Kraft's one-year stint at Cal Poly, the Mustangs won the NCAA Division II championship in both track and field and cross country. Kraft's next stop was a one-year stint as the field events coach at Indiana State University.

In 1981, he moved on to a highly successful stint as an assistant at Kansas State University. During his four years at KSU, Kraft tutored 14 Big Eight champions and 16 NCAA All-Americans. One of the Wildcat pupils was 1996 Olympic triple jump champion Kenny Harrison. During his stint in Manhattan, KSU won a Big Eight championship in cross country and posted two top-10 NCAA finishes in track, as well as four other top-20 finishes.

Kraft then headed to the University of Virginia in 1985, where his initial responsibilities included all field events. His duties were later expanded to include the sprints and hurdles. During his four-year stint in Charlottesville, his student-athletes won 20 individual Atlantic Coast Conference titles and earned seven All-America honors while capturing three ACC team championships.

After 10 years as an assistant coach, Kraft was ready for a head coaching job and he was named South Carolina's head coach in 1989. At South Carolina, Kraft's cross country teams were twice named Academic All-America squads. Overall, 38 student-athletes were honored as Academic All-SEC selections and 11 student-athletes would earn All-America honors. Gamecock student-athletes won individual titles in the Metro Conference, SEC, NCAA Indoors, NCAA Outdoors, USA Indoors, USA Outdoors, the Olympic Festival, the Pan American Juniors and the 1996 USA Olympic Trials. He also mentored current ASU sprints coach Terry Winston, a two-time All-American and SEC runner-up in the hurdles for South Carolina.

Kraft is married to the former Maggie Keyes of Mill Valley, Calif. Maggie is a former collegiate record-setting miler who won AIAW, TAC and Millrose Games titles. She was also a member of the USA's first-ever World Championship team in 1983. The Krafts have two sons, Kyle, a second year engineering student in ASU's Barretts College, and Cory, a high school junior.

ASU WOMEN'S CHAMPIONSHIP FINISHES UNDER KRAFT

Year	NCAA OUT	NCAA West	NCAA IN	NCAA XC	P-10 Track	Pac-10 XC
2006	T4th (37)	4th (82)	3rd (51.0)	13th (375)	1st (154)	2nd (51)
2005	DNS (0)	3rd (74)	T43rd (5.0)	4th (191)	3rd (118)	2nd (40)
2004	T20th (12)	5th (47)	T27th (8.0)	9th (333)	4th (97)	2nd (47)
2003	29th (9)	4th (55)	T42nd (3.0)	14th (406)	3rd (109)	2nd (78)
2002	T22nd (11)	---	T16th (14.0)	T23rd (549)	4th (89)	2nd (59)
2001	T14th (18)	---	T25th (9.0)	23rd (554)	5th (89)	3rd (79)
2000	T38th (6)	---	23rd (8.0)	6th (266)	5th (75)	2nd (67)
1999	DNP	---	T32nd (6.0)	12th (385)	8th (45)	2nd (62)
1998	DNP	---	55th (2.5)	T23rd (534)	7th (61)	4th (122)
1997	Not Eligible	---	Not Eligible	DNP	Not Eligible	9th (190)
1996	---	---	---	DNP	---	9th (216)

ASU MEN'S CHAMPIONSHIP FINISHES UNDER KRAFT

Year	NCAA OUT	NCAA West	NCAA IN	NCAA XC	P-10 Track	Pac-10 XC
2006	T29th (3)	10th (26)	T60th (1)	DNP	6th (76.0)	4th (113)
2005	17th (16)	4th (71)	T13th (15)	17th (465)	3rd (122.0)	5th (125)
2004	T10th (22)	3rd (63.0)	T12th (17)	8th (315)	3rd (120.0)	2nd (64)
2003	DNS (0)	6th (45.0)	T45th (4)	DNP	5th (82.0)	5th (112)
2002	T68th (1)	---	T51st (3)	DNP	4th (103.0)	3rd (85)
2001	T15th (19)	---	DNP	20th (477)	4th (109.5)	2nd (75)
2000	T17th (13)	---	T10th (16)	SNP	3rd (101.0)	4th (114)
1999	18th (14)	---	11th (20)	14th (391)	5th (77.5)	4th (84)
1998	38th (6)	---	DNP	DNP	9th (38.0)	4th (124)
1997	Not Eligible	---	Not Eligible	DNP	Not Eligible	8th (195)
1996	---	---	---	DNP	---	8th (229)

Notes: NE - not eligible to compete in that meet; DNS - did not score; DNP - did not participate (qualify)





David Dumble

Assistant Track & Field Coach • 6th Season
Throwing Events

Entering his sixth season working with the men's and women's throwing events for the Arizona State University track and field program, David Dumble has brought his group toward the top of the national scene with several All-America performances and school records. In the five years he has overseen the throwers, the 2006 USTFCCA National and West District Women's Throws Coach of the Year has brought his student-athletes to the top of the conference and national scene. All of that success, combined with the top recruits Dumble has brought to Tempe, makes his group one of the more exciting components of the program.

Prior to Dumble's arrival, the women's throws had produced one indoor All-American and 13 outdoor All-Americans (including multi-event athletes). Last year alone, Dumble saw Sarah Stevens, the Pac-10 Shot Put Champion, earn national acclaim in the shot put (indoor and outdoor), helped Jacquelyn Johnson win national titles in the indoor pentathlon and outdoor heptathlon and coached Jessica Pressley to a two-All-America performance outdoors (shot put & discus) after earning All-America honors indoors in the weight toss. Stevens' shot put honors were just the second and third times, respectively, that an ASU woman had earned All-America honors in the shot put in program history.

Dumble also worked with Joshua Kinnaman in the men's multi-events, helping the sophomore attain All-America honors both indoor and outdoor. With his help, Kinnaman recorded personal best marks in the indoor shot put and the outdoor discus in 2006.

During the indoor season, Dumble witnessed Stevens set the school record and the third-best mark in the history of the Pac-10 Conference when she placed third at the NCAA Championships with a toss of 17.91m (58-9.25). Earlier in the year, Pressley set the school standard in the weight toss at 21.39m (70-2.25). Stevens also took over the records in the outdoor shot put (17.46m/57-3.50) and the hammer (65.69m/215-6).

All told, Dumble has worked with five different Sun Devils that have collected 13 All-America awards. In the record books, Dumble's athletes have done their fair share of rewrites of the years as his women hold four of the Top 5 marks in the indoor shot put and indoor weight toss while the men occupy two of the Top 5 in each event. Outdoors, the women have five of the Top 10 shot put and discus marks, seven of the hammer marks and three of the top javelin marks. On the men's side, Dumble's throwers have recorded six marks on the outdoor Top 10 lists.

The continued addition of top recruits, including Ryan Whiting, will help the rise of the program. Whiting and Stevens combined to secure a total of five gold medals in junior (19-and-under) competitions with three of the medals earned in international competition. Stevens, who redshirted in 2005, won the shot put competition at the USATF Outdoor Junior Championships before taking gold at the Pan-American Games in the same event. Whiting, the 2005 Gatorade National Track and Field High School Athlete of the Year that redshirted in 2006, also won the shot put at both events while also adding gold in the discus at the Pan-Am meet with a meet record of 61.40m.

Dumble has not limited his instruction to current collegiate student-athletes as he currently is working with John Godina, a three-time Olympian. With Dumble's coaching, Godina, a four-time World Champion and two-time Olympic Medalist, won the 2005 USA Indoor Championships, claiming his first crown since the 1998 season. His mark also was a personal best throw, his first in nearly six years. Godina also ended the 2005 outdoor season with the Top 2 shot put marks in the world.

Prior to coming to Tempe, Dumble headed the throwers at Virginia Tech, where he was an assistant track and field coach for one year. His appointment with the Sun Devils is his second collegiate coaching position.

Dumble attended UCLA where he competed under Bruin coach Art Venegas and twice earned All-America honors in the discus, with third and eighth-place finishes at the NCAA Championships in 1997 and 1996, respectively. Dumble also captained the 1997 Bruin squad and his UCLA best effort of 197-11 ranks 10th all-time in school history.

He received his bachelor's degree in environmental studies from UCLA in 1997. He attended Bakersfield College prior to his stint in Westwood, where he was a junior college state champion in the discus and competed in all four throwing events, including the hammer and javelin. Following his time with the Bruins, he competed for Reebok for three years and competed at the 2000 Olympic Trials and the USATF Championships on two occasions.

An inductee into the Bakersfield College Hall of Fame, Dumble earned his Certified Strength and Conditioning Specialist (CSCS) certificate from the National Strength and Conditioning Association (NSCA) and recently earned his Master's of Education degree in Higher and Secondary Education from Arizona State.

THE DUMBLE FILE

NCAA CHAMPIONS

Jacquelyn Johnson Indoor Pentathlon (2006), Outdoor Heptathlon (2004, 2006)

NCAA ALL-AMERICANS

Jessica Pressley Hammer (2005), Discus (2006), Indoor Shot Put (2006), Weight Toss (2006)
Sarah Stevens Indoor Shot Put (2006), Outdoor Shot Put (2006)
David Wood Indoor Shot Put (2002)
Jacquelyn Johnson Outdoor Heptathlon (2004, 2006), Indoor Pentathlon (2004, 2006)
Joshua Kinnaman Outdoor Decathlon (2006), Indoor Heptathlon (2006)

PAC-10 CHAMPIONS

Sandra Orsund Discus (2003)
Shot Put (2006)
Jacquelyn Johnson Heptathlon (2004, 2006)



Dion Miller

Assistant Track & Field Coach • 3rd Season
Women's Sprints/Hurdles/Relays

Dion Miller is entering his third season as an assistant coach with the Arizona State University track and field program and will once again work with the women's sprinters, relays and hurdlers.

Last year, the women turned in strong performances, including picking up valuable points at the conference meet to help the Sun Devils to their first Pac-10 Team Championship in the history of the program. Miller worked with Jacquelyn Johnson, who picked up two multi-event NCAA titles and All-America honors, as well as a young sprinting group that qualified for the NCAA Championships in the 4x400m relay while also sending three individuals to the national meet in the quarter-mile events.

Latosha Wallace advanced to the NCAA meet in the 400m hurdles after placing second in the Pac-10 and West Region. She was joined by 400m dashers Christina Hardeman and Bridgette Williams who, along with Shauntel Elcock, placed 11th in the relay event. Hardeman won the indoor 400m dash at the MPSF Championships before moving outdoors where she placed fourth in the conference before taking second in the West.

On the record lists, Miller helped Johnson clock an 8.34 in the 100m hurdles to move into third all-time indoors while Wallace ran the fifth-fastest indoor 400m time of 53.69. Outdoors, the duo again made a mark in the books with Johnson ranking fourth in the 100m hurdles (13.31) and Wallace in the 400m hurdles (57.57), one of only eight Sun Devil women to run a sub-60 time in the event.

During his first season with the Sun Devils, Miller led his 4x400m relay team to a Pac-10 title with Porchea Carroll, Hardeman, Cassandra Reed and Kandace Tucker running the race. The relay crown was the first won by the Sun Devils since the 1995 meet when ASU captured the 4x400m race and just the seventh time overall since the Sun Devils joined the conference in 1987.

Individually, Miller coached Carroll to a successful senior season that saw her tie the school record in the 60m dash (7.39) before becoming the first Sun Devil to crack the Top 8 on the all-time ASU 100m dash list in seven years when she clocked the fourth-fastest time of 11.44. Carroll, along with helping the relay team win conference gold, finished second in the Pac-10 at 200m and third at 100m in 2005. Adding in her third-place in the long jump and Carroll was the top performer for ASU at the Pac-10 Championships.

In his two seasons with UW, Miller brought in a bevy of great talent, including three prep All-Americans and numerous junior college transfers. In 2003, Miller guided seven sprinters to Top 10 marks on the all-time UW lists. Last year, Miller bolstered the Husky hurdlers with Ashley Lodree. The freshman would go on to break all the freshman school records and was ranked among the Top 5 junior-age hurdlers in the world. Miller also put together a solid men's 4x400m relay that advanced to the NCAA Championships for the first time since 1998.

Prior to UW, Miller built Texas Tech's sprinters into one of the premier groups in the nation. In the 2002 season, he guided student-athletes to 13 All-America honors while the men's 4x100m relay team captured its first Big XII championship title. That same recruit class, led by Jonathon Johnson, was ranked as high as No. 4 in the nation and was considered the best in the Big XII Conference.

In 2001, the women shined both indoors and outdoors under Miller as seven school records were set. Indoors, Tami Zachary established the mark in the 60m dash (7.43) while Ngozi Iwu became the first TTU female to break the 54-second barrier, clocking a school record 53.67 in the 400m. Miller's 4x400m relay team also set the mark at 3:40.11 before they rewrote the record one year later at 3:36.97 to earn All-America honors by finishing eighth at the NCAA Championships. Reggie Hill also turned in several solid performances for the men, including a school-best 6.66 in the 60m.

On the outdoor track, true freshman Tiffany Green won the conference titles in the 100m and 200m (school record 22.98) and helped the 4x100m relay to third place and a school record at 44.35.

His final season with the Red Raiders saw a pair of record-setters compete under Miller, including Licretia Sibley, just the second woman in program history to multiple All-America honors in one season. She finished seventh in the 400m (54.26) and was a member of the record 4x400m relay that finished eighth. On the men's side, Miller guided Johnson to his impressive rookie campaign in which he became the first TTU freshman to claim multiple All-America honors in a season.

Miller earned his degree in exercise science from TTU in 1998 where he was an All-American. He also captured 13 all-conference honors for the Red Raiders. An eight-time NCAA qualifier for TTU, Miller also qualified for the US Olympic Team Trials in 1996 in both the 100m and 200m events.

Miller and his wife, Carol, have one daughter, Alandrea, and one son, Kameron.

THE MILLER FILE

NCAA CHAMPIONS

Jacquelyn Johnson Indoor Pentathlon (2006), Outdoor Heptathlon (2006)

NCAA ALL-AMERICANS

Jacquelyn Johnson Outdoor Heptathlon (2006), Indoor Pentathlon (2006)

PAC-10 CHAMPIONS

Porchea Carroll 4x400m Relay (2005)
Christina Hardeman 4x400m Relay (2005)
Jacquelyn Johnson Heptathlon (2006)
Cassandra Reed 4x400m Relay (2005)
Kandace Tucker 4x400m Relay (2005)



Louie Quintana

Head Cross Country & Assistant Track & Field Coach • 5th Year
Men's and Women's Mid-Distance/Distance Events

Arizona State University's distance program is one of the strongest up-and-coming programs in the nation and leading the way is fifth-year head cross country coach and assistant track & field coach Louie Quintana, the 2006 USTFCCA National Assistant Track & Field Coach of the Year for Women's Distances. Not only have the Sun Devil distance runners made a name for themselves in recent years with their individual success under

Quintana's guidance, the group as a whole has made a large impact in bringing the Sun Devil cross country and track & field program to the top of the national standings.

The women, in particular, have experienced great success under Quintana. This past fall, the women advanced to their ninth-consecutive NCAA Championships, the sixth-longest active streak in the nation, where the young Sun Devils placed 13th overall. One year before that, the harriers finished fourth in the nation before helping the indoor and outdoor track & field teams to third and fourth-place finishes, respectively, at the NCAA Championships, marking just the second time in NCAA history that a women's program had earned a trophy (Top 4) in all three meets in the same academic year.

His 2006 women placed second in the conference and third regionally to make the national meet with two rookies scoring in the Top 5 at the national race (Ali Kiley 68th and Kari Hardt 88th). The same two freshman also earned distinction as well with Kiley being selected as the 2006 Pac-10 Newcomer of the Year as the top freshman finisher at the conference race while Hardt, coming off a month-long layoff, placed as the top true freshman in the meet. Away from team competition, Hastings competed unattached at the USATF Club Cross Country Championships in San Francisco and won the meet, her second national title of 2006.

Quintana also guided a successful senior campaign for Aaron Aguayo as the team's top male runner placed ninth overall at the NCAA Championships to not only earn his second All-America honor, but also place the highest of any male in school history at the national meet and the second highest in the history of the program behind Lisa Aguilera's fifth-place showing at the 2000 event. He will now look to help Quintana make history on the track as a victory in the 3,000m steeplechase at the Pac-10 Championships for Aguayo will make him just the sixth male in Pac-10 history to win the same event four times.

On the track, the women again excelled as Amy Hastings captured the 5,000m run crown at the NCAA Indoor Championships while Victoria Jackson and Jenna Kingma attained All-America honors in the 5,000m and 3,000m runs, respectively. From there, the distance corps played a vital role in two of the outdoor championship meets as the women's distances collected 71 of the team's 154 points en route to winning the programs first Pac-10 team title before helping the team finish fourth nationally.

The Pac-10 meet saw the women's distances capture three titles with Hastings winning at 10,000m, Jackson securing the 5,000m title and Brooke Bennett winning the 3,000m steeplechase to give ASU a victory in the steeple event in each of the six years it has been contested. In all, the women combined to score 23 points in both the 5,000m and 10,000m events while adding another 22 in the steeple.

The men also fared well at the conference level with Aguayo winning his third steeplechase crown in a row, making him just the second man in Pac-10 history to three-peat while teammate Ryan Warrenburg placed second in the event. The duo also ran the 5,000m, finishing fifth and fourth, respectively.

After their success in Eugene, the Sun Devils took their show to Sacramento where Jackson won the 10,000m national title with Hastings placing fourth. The duo, along with Kingma, earned All-America honors. On the men's side, Aguayo and Warrenburg competed in the steeplechase and finished third and 10th, respectively, to attain All-America honors in the event for the second year in a row.

But the national success did not stop in Sacramento. At the USA Track & Field Championships in Indianapolis, Jackson was the top collegiate finisher in the 10,000m run, taking fifth place, while Lisa Galaviz (Aguilera) won the 3,000m steeplechase title. All told, Quintana's runners accumulated three national titles, nine All-America accolades and four Pac-10 titles during the 2005-06 academic year.

Academically, his runners also proved to be some of the best in the nation as five women and three men earned Academic All-USTFCCA honors, including Jackson

being named the 2006 Female Scholar Athlete of the Year for outdoor track. All told, the distance runners combined for 34 Academic Pac-10 honors (17 in cross country and 17 in track) and six ESPN The Magazine Academic All-Region VIII accolades (three each in cross country and track).

Quintana's 2005 cross country squads shined brightly again as his women finished second in both the Pac-10 Championships and the NCAA West Region before earning the program's first trophy with a fourth-place showing at nationals. Hastings became the most decorated harrier in program history as the record holder for wins in a career (five) earned her third All-America award after finishing 13th.

The men, battling through injuries and without the services of 2004 All-American Aaron Aguayo, bounced back from a fifth-place showing at the conference level before placing third at the regional meet. Selected as an at-large team for the NCAA meet, the men placed 17th overall in just their fourth appearance and a program-best second NCAA Championship appearance in a row.

In 2004, his first season as a head coach, both teams shined as each placed second at the Pac-10 Championships before each took runner-up honors at the NCAA West Region Championships. All four team scores are program-record lows at each meet. Individually, Quintana guided Hastings to the 2004 Pac-10 Cross Country Championship while coaching several others to titles and All-America honors in cross country and on the track. Hastings won two races on the season, but her conference crown was historic as she became the first Sun Devil (male or female) to win the Pac-10 run. Hastings, as well as male counterpart Aguayo, would go on to finish 22nd at the national meet to attain All-America honors.

On the track, Hastings earned her second All-America honor of the year as she placed fifth at 5,000m indoors. Outdoors, the distance corps shined once again with Aguayo and Ryan Warrenburg earning All-America honors in track for the first time (3,000m steeplechase). At the conference level, the Sun Devil women maintained their dominance in the steeple event as Anna Masinelli gave ASU its fifth title in as many years while Aguayo repeated at the same distance for the men.

Leading up to his hire as the head coach of the harriers, Quintana served in several capacities with the Sun Devils, starting his time in Tempe as the program's graduate assistant coach in January 2002. Following two track and field seasons and one cross country, Quintana was promoted to assistant coach for both programs in August 2003 and also was charged with coordinating the programs' recruiting.

In his time as an assistant coach, Quintana helped tutor student-athletes to great success. In the 2003 cross country season, he helped Hastings and Desiree Davila make history as both runners earned All-America honors, marking the first time ASU has had two All-Americans in one season on the cross country course. He also coached Hastings to two individual wins on the year as she earned All-Pac-10 First Team and NCAA All-West Region honors. The women's team finished second in the conference for the second year in a row and advanced to their sixth NCAA Championship meet in a row where they placed 14th overall.

On the track in 2004, the distance runners again turned in several performances under Quintana's watchful eyes as both Hastings and Aguayo captured the 3,000m steeplechase titles at the Pac-10 Championships with Aguayo going on to win the regional crown as well. Indoors, Hastings earned All-America honors in the 5,000m run while also setting the school record in the event.

As the graduate assistant, Quintana had a hand in guiding the women's cross country team to their fifth NCAA appearance in a row. The women also finished second at both the 2002 NCAA West Region and Pac-10 Championship meets while establishing school records at both races for the lowest point total. The 2002 men's squad finished third at the conference meet and qualified two individuals, J.J. Duke and Fasil Bizuneh, for the NCAA Championships in Terre Haute, Ind. Quintana also spent time tutoring Hastings to a World Cross Country Junior Championship berth in Lausanne, Switzerland, where she was the top American finisher (20th place).

During his competitive career at Villanova University, he captained the Wildcat squad to a pair of Top 10 finishes, placing fourth in 1992 and ninth in 1994 at the NCAA Championships. Individually, he claimed three NCAA Cross Country All-America certificates with finishes of 16th, 14th, and 4th. Quintana also qualified for four indoor and outdoor NCAA Track and Field Championships as well as the 1992 USA Olympic Trials. In 1993, he was named Male Outstanding Performer at the prestigious Penn Relays and, for his efforts, made the cover of the July 1993 issue of *Track and Field News*.

In all, Quintana garnered nine All-America awards during his career on the Main Line. He earned his bachelor's degree in History from VU in 1996 and recently completed his Master's degree in Education Curriculum and Instruction with a major in Language and Literacy from ASU. A standout runner in high school, he was the 1990 National Footlocker Cross Country Champion.

Quintana and his wife, Andi, currently reside in Avondale with their two children; daughter, Ellie, and son, Charlie.

THE QUINTANA FILE

NCAA CHAMPIONS

Amy Hastings	Indoor 5,000m Run	2006
Victoria Jackson	Outdoor 10,000m Run	2006

PAC-10 CHAMPIONS

Aaron Aguayo	3,000m Steeple	2004, 2005, 2006
Lisa Aguilera	3,000m Steeple	2003
Brooke Bennett	3,000m Steeple	2006
Amy Hastings	Cross Country	2004
	3,000m Steeple	2004
	10,000m Run	2006
Victoria Jackson	5,000m Run	2006
Anna Masinelli	3,000m Steeple	2005
* indicates indoor		

NCAA ALL-AMERICANS

Aaron Aguayo	Cross Country	2004, 2006
	3,000m Steeple	2005, 2006
Lisa Aguilera	3,000m Run *	2003
	3,000m Steeple	2003
Fasil Bizuneh	10,000m Run	2003
Desiree Davila	Cross Country	2003
	5,000m Run	2003
Amy Hastings	Cross Country	2003, 2004, 2005
	5,000m Run *	2004, 2005, 2006
	10,000m Run	2006
Victoria Jackson	5,000m Run *	2006
	10,000m Run	2006
Jenna Kingma	3,000m Run *	2006
	5,000m Run	2006
Ryan Warrenburg	3,000m Steeple	2005, 2006



Terry Winston

Assistant Track & Field Coach • 3rd Season
Men's Sprints/Hurdles/Relays

Terry Winston returns for his third season overseeing the men's sprints, relays and hurdles at Arizona State University and will look to guide the men back to the top of the podium at both the conference and national level in 2006. Already in his tenure, All-America honors have been attained by several Sun Devils while 4x100m relay broke a 26-year old school record (2005) and the 4x400m relay nearly broke three minutes (2005).

During the 2006 campaign, Winston worked with two athletes that advanced to the NCAA Outdoor Championships with multi-event specialist Joshua Kinnaman earning All-America honors after finishing sixth at the national meet. In the sprints, sophomore Kelvin Love Jr., rebounded from an eighth-place showing in the 200m dash at the Pac-10 Championships to finish fifth in the region before taking 17th at the NCAA meet.

Winston also worked to improve the hurdle events and saw results during the indoor season as both Marquis Profit and Kinnaman placed their names on the ASU all-time Top 5 list in the 60m hurdles. Profit clocked a time of 8.17 while Kinnaman posted an 8.37, ranking them third and fifth, respectively. Kinnaman used that mark to win the MPSF Championship heptathlon title before going to finish eighth at the NCAA Championships and earn his first All-America honor in the event.

In his first NCAA Outdoor Track and Field Championships (2005), Winston's men finished second in the 4x400m relay as the quartet of Rich Allen, Seth Amoo, Lewis Banda and Domenik Peterson clocked a 3:00.57 in the finals of the meet, being edged by LSU. At the same meet, he also saw Amoo finish sixth in the 200m dash to earn All-America honors, making him just the seventh Sun Devil in school history and just the second since 1981 to finish among the Top 8. Indoors, he coached Peterson to a fourth-place finish at 200m in a school-record time of 20.43.

On the outdoor track, his team of Steven Koehnemann, Amoo, Peterson and Love Jr., turned in the fastest 4x100m relay time in school history at 38.71, breaking the 26-year-old record of 38.78 (the old mark was set in 1979 by Ron Brown, LaMonte King, Greg Moore and Dwayne Evans). The same four men also captured the 4x100m title at the Pac-10 Championships before winning the same race at the NCAA West Championships. Following their record, the relay was selected as the Pac-10 Co-Athletes of the Week (May 2) marking the first time in conference history a relay was honored with the weekly award.

Winston helped continue the long-standing tradition of success in the 4x400m relay at the conference level as Amoo, Banda, Jason Barton and Peterson won the Pac-10 title. Their victory gave ASU the event crown for the fifth year in a row and helped the Sun Devils sweep the relays for the second year in a row. With the victories in the relay events, Winston has now coached a conference champion in four of the last six seasons. Winston also coached his first individual Pac-10 champion with Amoo winning the 200m.

Prior to his hire in Tempe, Winston, who helped his school's win five conference team titles in his first six years of coaching, oversaw the men's and women's sprinters, hurdlers and jumpers for the Hokies of Virginia Tech. During his tenure, three individual Big East championship titles were won, including Jason Fludd in the triple jump in 2004. Winston also mentored his student-athletes to seven school indoor and outdoor records.

Outside the collegiate ranks, Winston also guided a pair of hurdlers to Top 5 finishes at the 2002 U.S. Championships, including Brandi Smith, the fourth-place finisher in the 400m hurdles that year. Smith's finish was considered one of the best turnarounds in her event after not qualifying for the US event one year earlier.

Before Winston made his way to Blacksburg, Va., he spent four seasons mentoring the men's and women's sprinters at Southwest Missouri State (SMS). During that time (1997-2001), Winston saw his women bring home three indoor and one outdoor conference championship crown while also securing All-America honors in the 4x400m relay during the 1999 campaign. He also coached several athletes during the off-season as the women secured three medals at the 1999 Central American and Caribbean Championships.

Prior to his stay at SMS, Winston spent two seasons with the Thundering Herd of Marshall (1996-97), again working with both the men's and women's teams. In his final season with MU, the men won the Southern Conference Championship with one of the sprinters being Randy Moss, a standout for the Herd's football team as well as a Pro Bowl selection for the NFL's Minnesota Vikings.

Winston, a native of Alton, Ill., competed as a student-athlete for Coach Kraft at South Carolina, running for the Gamecocks from 1992-94. In his final campaign, he finished as the runner-up in the indoor 55m hurdles and the outdoor 110m high hurdles at the 1995 SEC Championships. Winston completed his undergraduate studies at South Carolina where he earned a B.S. in criminal justice.

THE WINSTON FILE

NCAA ALL-AMERICANS

4x400m Relay	Rich Allen, Seth Amoo, Lewis Banda, Domenik Peterson (2005)
Seth Amoo	Outdoor 200m Dash (2005)
Joshua Kinnaman	Indoor Heptathlon (2006), Outdoor Decathlon (2006)
Domenik Peterson	Indoor 200m Dash (2005)

PAC-10 CHAMPIONS

4x100m Relay	Seth Amoo, Steven Koehnemann, Kelvin Love Jr., Domenik Peterson (2005)
4x400m Relay	Seth Amoo, Lewis Banda, Jason Barton, Domenik Peterson (2005)
Seth Amoo	200m Dash (2005)



Jeremy Rasmussen

Assistant Coach for Cross Country/Track & Field and Director of Fundraising • 2nd Season

Much like Head Cross Country and Assistant Track & Field Coach Louie Quintana, Jeremy Rasmussen has moved up the rungs of the coaching ladder at Arizona State University, entering the 2006 season as the team's assistant coach. A former student-athlete in the Sun Devil program, Rasmussen was elevated to his current position after he served as a graduate assistant each of the last two seasons and as a volunteer coach during the 2003-04 season.

In his newest role with the program, Rasmussen will continue to work with the student-athletes on the cross country and track & field rosters while also assisting with administrative duties for the program. He also will serve as the Director of Fundraising for the program which will include the 'Devils on the Track' club.

As a member of the staff, Rasmussen has helped the Sun Devil distance program become one of the elite teams in the nation. In his time with the program, the women's cross country team has finished second in the Pac-10, set the school record for low points at the meet three times and finish fourth in the nation (2005). The men also have fared well, making the NCAA Championship field in both 2004 and 2005, the first time they have made back-to-back trips to the national meet.

A star in the steeplechase on the track as a student-athlete, Rasmussen has worked with several of the top steplers in the nation over the recent years, including Aaron Aguayo, the reigning three-time champion, and women's champions Amy Hastings, Anna Masinelli and Brooke Bennett. Prior to the 2006 cross country season, he also worked with former teammate Lisa (Aguilera) Galaviz as she won the 3,000m steeplechase at the 2006 USA Track & Field Championships.

Prior to his coaching and administrative duties, Rasmussen starred for the Sun Devils in both cross country and track and field. The 2000 Pac-10 Conference Champion in the 3,000m steeplechase and runner-up in both 2001 and 2002, Rasmussen helped the 2001 ASU men break the 100-point barrier at the conference competition for the first time in program history. Also in 2001, Rasmussen was ranked among the Top 45 steeplechase athletes in the nation, sitting 43rd overall. He nearly broke the Top 50 one year prior, ranking 56th in the national standings.

In cross country, he assisted the men's team in making history as the 1999 squad advanced to its first NCAA appearance where it placed 14th. That same year, the men also set the school record for fewest points at the regional meet and the second-best total in a Pac-10 meet.

A native of Minnesota and graduate of Mountain Ridge High School in Glendale, Ariz., Rasmussen earned his bachelor's degree in computer information systems from ASU in 2003. Currently working toward his Master's in Higher Education, Rasmussen recently attained his USA Track and Field Level 2 coaching certificate.



Rhonda Riley

Director of Operations for Cross Country/Track & Field
Mid-Distance/Distance • 2nd Season

Rhonda Riley returns for her second season with the Arizona State University cross country and track & field programs and her first season as its director of operations after serving one year as a graduate assistant coach. In her new role, Riley will manage the daily operations of the program and its administrative duties while also assisting the staff with various projects, such as alumni relations.

Riley, who came to Tempe from Pac-10 Conference rival Oregon State where she completed her undergraduate degree and served one year as a volunteer assistant coach, had a hand in one of the most successful seasons in Sun Devil history. The distance runners played an integral part in ASU becoming just the second women's program all-time to earn a 'triple crown' by finishing fourth or better in the national cross country, indoor track & field and outdoor track & field meets in the same academic year. The harriers finished fourth before the indoor team placed third. The women closed the season by placing fourth at the NCAA Outdoor Championships following the program's first Pac-10 Championship team crown.

During her year as a graduate assistant coach, Riley trained with several runners that posted impressive campaigns, including Amy Hastings, who earned her third All-America honor in cross country before winning the NCAA Indoor 5,000m national title. She also worked with NCAA Outdoor National 10,000m Champion Victoria Jackson and Pac-10 3,000m Steeplechase Champion Brooke Bennett among others.

Riley's first coaching position in the collegiate ranks was very eventful as she assisted Head Coach Kelly Sullivan in mentoring the first Beaver cross country and track and field teams since the University dropped the sports following the 1987-88 academic year. In the cross country program's first year back, OSU placed 10th at the Pac-10 Championships and 16th in the 28-team field at the NCAA West Region meet.

Prior to serving as a volunteer assistant with the Beavers, Riley spent two years coaching both cross country and track and field at Corvallis High School. An active runner herself, Riley competed in four marathons during her time as a student and as a coach, including the 2003 Portland Marathon where she was the ninth female finisher. Prior to the start of the 2007 track and field season, Riley completed her fifth marathon, finishing the P.F. Chang's Rock and Roll Marathon in Tempe in 3:01.26 and placing 12th overall. She also was the second Arizona woman to finish the race.

A native of Portland, Ore., Riley attained her bachelor's degree in early childhood education from Oregon State in 2004 and is currently pursuing her Master's degree in Higher Education from Arizona State.

VOLUNTEER COACHES



Ron Barela

Volunteer Track & Field Coach • 4th Season
Men's and Women's Pole Vault

Ron Barela returns for his fourth year as a volunteer assistant coach with the Arizona State University track and field program and will continue to work with the men's and women's pole vault student-athletes.

During the 2006 season, the Sun Devil women continued to show improvement with April Kubishta setting or tying the school record in both the indoor and outdoor event while his women continued to rewrite the record books. Kubishta became the third Sun Devil to break 13 feet in indoor competition, setting the new standard at 4.14m (13-7.00) while Cara Walker joined the 13-foot club with her clearance of 3.99m (13-1.00). Outdoors, Kubishta tied Angela Tavarides' school record of 4.10m (13-5.25) while Walker cleared 3.81m (12-6.00) to become the third woman to break 12 feet. In all, Barela has coached all five women that make up the indoor record list and nine of the 10 women on the outdoor rankings board.

On the men's side, Barela helped multi-event standout Joshua Kinnaman attain All-America honors twice during the year as Kinnaman recorded a personal best clearance of 4.50m (14-9.00) at both the NCAA Indoor and NCAA Outdoor Championships en route to the national honor. Barela also helped Brandon Glenn become the seventh Sun Devil to clear 17 feet in competition as Glenn placed sixth at the Texas Relays to again record the second-best mark in school history of 5.30m (17-4.50).

The 2005 season saw solid improvements from the pole vault pits as Glenn finished seventh at the NCAA Indoor Championships to earn his first All-America honor and the first since for the program in the event since 1994. Glenn cleared 5.40m (17-8.50) to become No. 2 on the all-time indoor list at ASU and just the third Sun Devil to break the 17-foot mark in competition. Barela also worked with Tavarides and Walker on the women's side, helping Tavarides set the then-school record indoors with a clearance of 4.03m (13-2.50) while Walker became only the third vaulter to break 12 feet (3.90m/12-9.50).

Outdoors, Barela coached Glenn, Tavarides and Walker toward the top of the ASU lists with Glenn tying for second all-time at 5.30m (17-4.50) while both women were the first to break 12 feet in competition for ASU with Tavarides also becoming the first to clear 13 feet (4.10m/13-5.25). Walker finished with a best of 3.81m (12-6.00).

In outdoor championship meets, Barela's crew had mixed results. Tavarides scored at the Pac-10 meet, finishing third overall before placing third in the region and 20th at the national meet. Walker improved from 13th at the conference to 11th at the regional meet while Glenn, who no-heighted at a soggy regional meet, finished as the Pac-10 runner-up.

In his first season leading the pole vaulters, Barela coached Tavarides to a pair of school records while also helping a pair of men, Glenn and Stephen Dolk, earn positions on the school's top marks list. Tavarides set the school standard at 3.66m (12-00.00) indoors before establishing the outdoor mark at 3.80m (12-5.00). For the men, Dolk scored at the Pac-10 Championship meet (eighth place) while Glenn represented the United States at the IAAF World Junior Championships following a second-place finish in the American meet.

Barela has been a part of the Arizona State track and field program in the past as a student-athlete. Following one year at New Mexico Junior College in Hobbs, N.M., Barela came to Tempe where he competed in pole vault and decathlon events for the Sun Devils. A member of ASU's 1977 NCAA Championship team, Barela still ranks among the best in pole vault at ASU. He is tied for ninth on the outdoor lists with a mark of 16-8 achieved in 1980 and is tied for fourth indoors with a mark of 16-6.

Following three years of competition with the Sun Devils, Barela graduated in 1980 with his Bachelor's in education and was hired on to teach at Tempe High School. Barela taught physical education and coached the track and field and volleyball teams from 1980-1985. Following his teaching stint, he opened his own car dealership, which he still operates today.

In 1997, Barela returned to the coaching ranks and began overseeing the pole vaulters of Desert Vista High School in Tempe. In his seven years with DVHS, he guided six vaulters to state runner-up crowns. He also assisted in leading the team to state team titles. In 1999, the girls won the Arizona 5A title before finishing as runners-up each of the last three seasons.

Barela also coached two vaulters to Junior Olympic national titles in 2003 as Kubishta and Glenn each brought home gold medals. Barela also coached Kubishta to back-to-back 4A state titles. She also still holds the state record of 13-0.25. One year prior to his national success, Barela took on more coaching duties as he began to guide the pole vaulters at Mesa Community College in 2002. In his two years at MCC, his vaulters finished as national runners-up six times total in men's and women's indoor and outdoor pole vault while also earning All-America accolades.

Barela continues to compete following his return to the track in 1998. That year, he competed in the USA Masters Championships in Orono, Maine, in the 40+-age division. He won the national tournament with a vault of 15-1 and earned a berth into the Nike World Masters Games in Eugene, Ore. Competing in two events, Barela finished as the runner-up in both the pole vault and the pentathlon. He is still in training as his goal is to break the world record for pole vaulting in the 50-59 age division.

Ron and his wife Christine reside in Phoenix with their three children, Chris, Patricia and Cynthia. All three of his children enjoy competing in track and field events with Chris and Cynthia both participating in pole vault and Patricia in distance running.



Dan O'Brien

Volunteer Track & Field Coach • 2nd Season
Multi-Events

Dan O'Brien returns for his second season as a volunteer coach on the Arizona State University track and field staff and will again work with the multi-event athletes following another successful season in 2006.

O'Brien worked with Jacquelyn Johnson and Joshua Kinnaman during the indoor and outdoor seasons, helping both attain All-America honors in both seasons.

Both athletes sat out much of the 2005 season, but came back strong in 2006. Johnson, following a redshirt season, won both the indoor pentathlon and the outdoor heptathlon to collect her second and third national titles, respectively, while also collecting the third and fourth All-America honors in her career. Following an injury, Kinnaman earned the first two All-America honors of his career, placing eighth in the indoor heptathlon before taking sixth in the outdoor decathlon.

One of the top athletes in the history of the sport, O'Brien won the decathlon at the 1996 Atlanta Olympics and earned the distinction of the "World's Greatest Athlete". Prior to his gold medal performance in the Summer Games, he won gold medals at the 1991, 1993 and 1995 World Championships while adding titles at the 1994 Goodwill Games in St. Petersburg, Russia. O'Brien later added a Goodwill Games title at the 1998 meet in New York.

After securing gold at the 1991 USA Track & Field Championships, O'Brien captured the same crown four years in a row (1993-1996) heading into the Atlanta Games. At the start of that run, he also stepped out of the decathlon to compete at the 1993 IAAF World Championships and won the heptathlon title with a world record point total. His success at the national level also earned him another distinction as his five championships tied him with Bill Toomey for the most ever in the history of the meet.

A native of Portland, Ore., O'Brien is no stranger to the Pac-10 Conference as he served as a volunteer assistant coach at conference rival Washington State from 1992-98. Then, in 1997, he moved to the Valley where he continued to train and compete.

Despite injuries preventing him from competing for the United States, O'Brien was a part of the last two Olympiads. Working with NBC, O'Brien provided analysis for the television network's coverage of track and field in both the 2000 Sydney Games and the 2004 Athens Games.

Prior to his success on the international stage, O'Brien competed for and graduated from the University of Idaho. In his senior campaign, he earned All-America honors by placing seventh at the NCAA Indoor Championships in the 55m hurdles. The former Vandal now has his name adorned on the home venue of his Alma mater, the Dan O'Brien Track Complex.

O'Brien currently resides in Scottsdale with his wife, Leilani, and continues to speak and broadcast at events around the country.

THE O'BRIEN FILE

NCAA ALL-AMERICANS

Jacquelyn Johnson	Indoor Pentathlon (2006), Outdoor Heptathlon (2006)
Joshua Kinnaman	Indoor Heptathlon (2006), Outdoor Decathlon (2006)



2007 Sun Devil Coaching Staff (L-R): Top Row; Ben Hilgart, Greg Kraft, Ron Barela, David Dumble, Terry Winston, and Dan O'Brien; Bottom Row; Jeremy Rasmussen, Rhonda Riley, Louie Quintana, and Dion Miller.

THE BARELA FILE

NCAA ALL-AMERICANS

Brandon Glenn	Indoor Pole Vault (2005)
Joshua Kinnaman	Indoor Heptathlon (2006), Outdoor Decathlon (2006)





Frank Perez

Assistant Athletic Trainer • 1st Season

Accreditations: MAT, ATC, LAT

Frank Perez enters his first season as the athletic trainer for the Arizona State University track & field and cross country programs after joining the Sports Medicine staff in December of 2006.

A native of Slaton, Texas, Perez earned his Bachelor of Science in Exercise Sports Science as well as a Bachelor of Arts in Spanish from Texas Tech University in 2002. From there, Perez earned a Master's degree in Athletic Training from the TTU Health Sciences Center in 2006.

Prior to joining the Sun Devil Athletic Department, Perez worked with Physiotherapy Associates and served as the head athletic trainer for Shadow Mountain High School in the Valley. Before coming to Arizona, Perez worked for TTU Health Sciences Center and oversaw the men's basketball and track & field programs. During the same time, he worked with athletes from Lubbock Christian and Lubbock Estacado high schools.

In his spare time, Perez enjoys mountain biking, hiking, fishing, camping and spending time with his dog, Sydney.

Perez is a member of the National Athletic Trainer's Association, the Rocky Mountain Athletic Trainer's Association and the Arizona Athletic Trainer's Association.



Ben Hilgart

Sr. Assistant Coach - Sports Performance • 2nd Season

Accreditations: MS, CSCS, SCCC, USAW1

Ben Hilgart is in his second year as a Senior Assistant Coach for Sports Performance where he coordinates the strength and conditioning program for the track and field program. Hilgart's duties also see him work with the cross country and wrestling squads while also assisting with football.

A native of Park Falls, Wis., Hilgart attended and played football at Western Illinois University where he graduated in 2000 with a B.S. in Physical Education. From there, he attended the University of Texas at El Paso where he earned his M.S. in Kinesiology in 2003.

Prior to attaining his current position within Sun Devil Athletics, Hilgart served as an Associate Strength and Conditioning Coach at The Ohio State University where he worked with men's and women's track and field, women's cross country, wrestling, men's swimming and men's and women's lacrosse.

Hilgart began his career at Western Illinois, serving as the Head Strength and Conditioning Coach for Football while also serving as an assistant defensive line coach with the team. From there, he served as a graduate assistant at UTEP and coordinated the efforts for men's and women's track and field (throwers) and men's and women's golf while assisting with football, men's and women's basketball and women's volleyball.

Hilgart and his wife, Jamie, reside in Phoenix with their one-year-old daughter, Riley.



Andrea DiTrani

Graduate Assistant Athletic Trainer • 1st Season

Accreditations: ATC, LAT

Andrea DiTrani is entering her first season as the graduate assistant athletic trainer for the Arizona State University track and field program after working with the cross country program during the fall of 2006.

A native of Staten Island, N.Y., DiTrani earned her Bachelor of Science in Athletic Training from Marist College in Poughkeepsie, N.Y., in 2006. A student-athlete as well, DiTrani was a four-year member of the Red Fox cross country and track & field programs, serving as the team captain for two seasons.

Following her playing days, DiTrani continued on in the Red Fox athletic department as an athletic trainer working with the football, softball and men's lacrosse programs. Prior to coming to Tempe, she also worked with the volleyball and women's lacrosse programs at Vassar College.

DiTrani, who enjoys running and soccer, is currently working toward her Master of Science in Athletic Training degree at the Arizona School of Health Sciences.



Shay Jewitt

Academic Advisor - Women's Team • 1st Season

Office of Student-Athlete Development

Shay Jewett enters her first season as the Academic Advisor for the Arizona State University women's track & field and cross country program and her eighth year overall as a member of the Office of Student-Athlete Development.

Jewett works with the Sun Devils by monitoring their individual progress towards graduation and assisting with course selection and adherence to NCAA, Pac-10 and ASU academic eligibility rules.

Prior to working at ASU, Jewett was the Director of Counseling at Colby Community College in Colby, Kan. A native of northwest Kansas, Jewett earned her Master of Science degree in Student Counseling and Personnel Services from Kansas State University and her Bachelor of Arts in English from Southwestern College in Winfield, Kan.



Jennifer Pawson

Graduate Assistant Athletic Trainer • 1st Season

Accreditations: ATC, LAT, CSCS

Jennifer Pawson enters her first season as a graduate assistant athletic trainer with the Arizona State University track and field program this year after working with the cross country teams during the fall.

A native of Huntington Beach, Calif., Pawson was a 2006 graduate of the University of the Pacific in Stockton, Calif., where she earned her B.A. in Sports Science with an emphasis in Athletic Training. While with the Tigers, Pawson worked with the women's volleyball, softball, women's water polo and men's basketball programs on campus while also covering numerous high school football events.

Pawson is currently working toward her Master's degree in community resources and development with a focus on recreation at Arizona State. Away from work and school, Pawson enjoys outdoor sports, watching the Los Angeles Lakers (NBA) and spending time with family and friends.



Brady Rourke

Academic Advisor - Men's Team • 1st Season

Office of Student-Athlete Development

Brady Rourke is entering his first season as the Academic Coach for the Arizona State University men's track & field and cross country program as well as his first year working with the Office of Student-Athlete Development.

Rourke will work with the Sun Devil men to continue their pursuits of graduation from Arizona State while assisting them with course selection and adherence to NCAA, Pac-10 and ASU academic eligibility rules.

Prior to joining the ASU staff, Rourke served as a graduate assistant at Penn State following his playing days as a student-athlete on the Nittany Lion baseball team. A native of Saxton, Pa., Rourke earned his Bachelor of Science in Rehabilitation Services from Penn State University in 2003 before attaining his Master of Education in Higher Education Administration from Penn State in 2006.